

Amateur Radio Band Plan

[These Band Plans are for the United States.](#)

80/75 Meters (3.500 - 4.000 MHz)

3.500 to 3.510 - DX Window	3.570 to 3.600 - Data/RTTY	3.590 - DX Data/RTTY
3.530 & 3.550* - SKCC CW Calling	3.580.150 - PSK	3.597.5 - ARRL Digital
3.558 - FISTS CW Calling	3.581 - ARRL Code	
3.560 - CW QRP Calling	3.585 to 3.600 - Packet	

40 Meters (7.000 - 7.300 MHz)

7.028 - FISTS CW Calling	7.055 - SKCC CW Calling (Primary)	7.100 - 7.105 - Packet
7.030 - QRP DX CW Calling	7.058 - FISTS CW Calling	7.120 - SKCC CW Calling
7.035.150 - CW QRP Calling	7.070.150 - US PSK	7.171 - SSTV
7.040 - QRP CW Calling	7.080 - 7.125 - Data/RTTY	7.285 - QRP Calling
7.040 - DX Data/RTTY	7.080.150 - PSK	7.290 - AM Calling
7.047.5 - ARRL Code	7.095 - ARRL RTTY	7.290 - ARRL Voice

30 Meters (10.100 - 10.150 MHz)

10.106 - QRP Calling	10.120 - SKCC CW Calling	10.142.150 - PSK
10.118 - FISTS CW Calling	10.130 - 10.140 MHz RTTY	10.140 - 10.150 - Packet

20 Meters (14.000 - 14.350 MHz)

14.020 - CW DX Calling	14.070.150 - PSK	14.195 - DX Calling
14.047.5 - ARRL Code	14.095 - ARRL RTTY	14.230 - SSTV
14.050 - SKCC CW Calling	14.095 - 14.099.5 - Packet	14.285 - QRP Calling
14.058 - FISTS CW Calling	14.100 - Beacons	14.286 - AM Calling
14.060 - QRP CW Calling	14.100.5 - 14.112 - Packet	14.290 - ARRL Voice
14.070 - 14.095 - RTTY	14.114 - SKCC CW Calling	

17 Meters (18.068 - 18.168 MHz)

18.080 - SKCC CW Calling	18.100 - 18.105 - RTTY	18.105 - 18.110 - Packet
18.085 - FISTS CW Calling	18.100.150 - PSK	18.110 - Beacons
18.097.5 - ARRL Code	18.102.5 - ARRL RTTY	18.160 - ARRL Voice

15 Meters (21.000 - 21.450 MHz)

21.025 - CW DX Calling	21.070 - 21.100 - Data/RTTY	21.150 - Beacons
21.050 - SKCC CW Calling	21.070.150 - PSK	21.295 - DX Calling
21.058 - FISTS CW Calling	21.090 - 21.100 - Packet	21.340 - SSTV
21.060 - QRP Calling	21.095 - ARRL RTTY	21.385 - QRP Calling
21.067.5 - ARRL Code	21.114 - SKCC CW Calling	21.390 - ARRL Voic

12 Meters (24.890 - 24.990 MHz)

24.908 - FISTS CW Calling	24.920 - 24.925 - Data/RTTY	24.925 - 24.930 - ARRL RTTY
24.910 - SKCC CW Calling	24.920.150 - PSK	24.930 - Beacons

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10 Meters (28.000 - 29.700 MHz)

28.025 - CW DX Calling	28.114 - SKCC CW Calling	28.590 - ARRL Voice
28.050 - SKCC CW Calling	28.120 - 28.180 - Packet	28.680 - SSTV
28.058 - FISTS CW Calling	28.120.150 - PSK	29.000 - 29.200 - AM
28.060 - QRP Calling	28.190 - 28.300 - Beacons	29.300 - 29.510 - Sat-Down
28.067.5 - ARRL Code	28.300 - 29.300 - Phone	29.520 - 29.580 - FM Rpt In
28.070 - 8.120 MHz Data/RTTY	28.385 - QRP Calling	29.600 - FM Simplex
28.095 - ARRL RTTY	28.495 - DX Calling	29.620 - 29.680 - FM Rpt Out

160 Meters (1.800 - 2.000 MHz)

1.800 - 1.830 - CW. RTTY. Narrow	1.838.150 - DX PSK
1.800 - 1.810 - Digital Modes	1.840 - 1.850 - DX Data. Phone. Wide
1.808 - FISTS CW Calling	1.855 - ARRL SSB
1.810 - QRP CW Calling	1.890 - SSTV
1.812.150 - PSK	1.910 - QRP SSB Calling
1.8175 - ARRL Code	1.995 - 2.000 - Experimental
1.820 - SKCC CW Calling	1.999 - 2.000 - Beacons
1.830 - 1.840 - DX CW. RTTY. Narrow	

6 Meters (50.0 - 54.0 MHz)

50.060 - 50.080 MHz Automatically Controlled Beacons
50.100 - 50.600 MHz SSB
50.125 MHz SSB DX Calling Frequency
50.200 MHz SSB Domestic Calling Frequency
(Note: Suggest QSY up for local and down for distance QSOs)
50.600 - 51.000 MHz Experimental and Special Modes
50.700 MHz RTTY Calling Frequency
50.800 - 50.980 MHz Radio Control (R/C) channels. 10 channels spaced 20 KHz apart
51.000 - 51.100 MHz Pacific DX Window
51.000 - 52.000 MHz Newly authorized FM repeater allocation
51.100 - 52.000 MHz FM Simplex
52.000 - 52.050 MHz Pacific DX Window
52.000 - 53.000 MHz FM Repeater and Simplex
53.000 - 54.000 MHz Present Radio Control (R/C) Channels. 10 channels spaced 100 KHz apart